



One Meal Basic Supply List

- Bottled water
- 3 compartment serving containers
- plastic forks and spoons
- zip lock bags, gal & qt, freezer and storage type
- foil sheets
- deli sheets
- dry beans and peas, rice and pastas
- fish fry
- vegetable oil
- spices
- condiments – mayo, mustard, ketchup, etc.....
- butter
- eggs
- fresh or frozen produce and fruits
- fresh or frozen meats- beef, pork, chicken, deer, wild hog, fish, etc.....
- little debbie style cakes
- lemonade & assorted sweetened drink mix
- assorted chips
- corn starch
- non stick pan spray
- canned sweet peas, sliced carrots, green beans, kernel corn, black beans, pork n beans, tomato sauce and paste, chicken broth, cream soups
- hotdog wieners and/or smoked sausage links
- hamburger patties
- split chicken breast
- bleach
- liquid dish soap
- Clorox clean-up
- green scrub pads
- stainless steel scrub pads

We can use other items as well, even if it's not on the list.

Call Mike at 251-379-9014 to arrange drop off or pick up